

CENTRAL BEDFORDSHIRE COUNCIL

At a meeting of the **HEALTH AND WELLBEING BOARD** held in Council Chamber, Priory House, Monks Walk, Shefford on Wednesday, 24 January 2018

PRESENT

Ms S Thompson (Vice-Chairman)

Mrs D Blackmun	Chief Executive Officer, Healthwatch Central Bedfordshire
Mr R Carr	Chief Executive
Mr M Coiffait	Director of Community Services
Mrs S Harrison	Director of Children's Services
Mrs C Hegley	Executive Member for Adults, Social Care and Housing Operations (HRA)
Dr A Low	Chair, Bedfordshire Clinical Commissioning Group
Mrs J Ogley	Director of Social Care, Health and Housing
Mrs M Scott	Director of Public Health
Ms S Thompson	Accountable Officer

Apologies for Absence: Cllr S Dixon
Cllr B Spurr

Members in Attendance: Cllr I Delgarno
E Ghent
Mrs T Stock

Officers in Attendance: Mrs P Coker Head of Service, Partnerships - Social Care, Health & Housing
Ms S Griffin Committee Services Officer
Ms V Head Public Health Registrar
Mrs C Shohet Assistant Director of Public Health
Ms S Wilson Director of Specialist Services, (CAMHS, Childrens' Services, IAPT, Addictions)

IN THE ABSENCE OF THE CHAIRMAN, THE MEETING WAS CHAIRED BY THE VICE-CHAIRMAN

HWB/17/23. **Chairman's Announcements and Communications**

The Vice-Chairman had no announcements.

HWB/17/24. **Minutes**

RESOLVED

that the minutes of the meeting of the Central Bedfordshire Health and Wellbeing Board held on the 29 November 2017 be confirmed as a correct record and signed by the Chairman.

HWB/17/25. Members' Interests

None were declared.

HWB/17/26. Public Participation

There were no members of the public had registered to speak.

HWB/17/27. Outline of the pilot arrangements for primary care development in Leighton Buzzard

The Board considered a report on the pilot arrangements for primary care development in Leighton Buzzard.

Initial meetings had taken place with three GP Practices in Leighton Buzzard (Leighton Road, Bassett Road and Salisbury House), followed by the first formal meeting with representatives from Social Services, Mental Health, the Community Matron and other interested parties.

Patient Participation Group Members and the three GP Practices had been involved in discussions about the Pilot.

Consultation would take place with patients on a one to one basis by clinical need with the aim of a caseload of 30/35 patients for the Pilot.

In terms of the financial modelling and sustainability of the Project, a 2 year pilot would run alongside 'business as usual' in the GP Practices within the current financial envelope.

The move was towards a virtual hub to deliver healthcare services although this might migrate to a physical hub, depending on patient need.

RESOLVED

To note the report on the pilot arrangements for primary care development in Leighton Buzzard.

HWB/17/28. Integrated Health and Care Hubs

The Board considered a report which provided an update on the Integrated Health and Care Hubs.

The vision was to enable different ways of working to develop a sustainable model that kept pace with increasing demand, delivered services locally, ensured the best use of resources available to support the population of Central Bedfordshire as a whole and delivered the required outcomes.

Challenges included bringing together fragmented and parallel services as one pathway and ensuring the smooth flow of patients in and out of hospital, where admission to secondary care was required.

The role of the CCG in determining the Primary Care and Estate Strategy was pivotal to the development of the Health and Care Hubs.

The Hub and Spoke approach was central to the locality 'place' based delivery model for integration. This vision was also in line with the STP's plan for care closer to home services and the Primary Care Home model.

RESOLVED

- 1. to note the vision for Integrated Health and Care Hubs in Central Bedfordshire and the progress and the delivery plan for the Hubs; and**
- 2. that an update on the progress of the Health and Care Hubs be given at the July meeting of the Board.**

The decision was unanimous.

HWB/17/29. Health and Wellbeing Scorecard

The Board considered a report outlining the latest performance against monitoring the priorities in the Health and Wellbeing Strategy.

Giving Every Child the Best Start in Life

- The target for the 'Smoking at the time of delivery' indicator had been reached for the first time. However, there was a risk that this performance would not be sustained and there therefore it was important that this remained an area of focus.
- The target for 'Childhood Excess Weight' was ambitious with performance remaining fairly static. The focus on this issue was due to its wide ranging impact on childhood, adulthood and later life.
- The latest data for 'School Readiness' showed good progress and a continued increase (currently 70%).

Enabling People to Stay Healthy Longer

- There had been an issue with the timeliness of some of the data for this scorecard with information for the indicator 'Recorded Diabetes' still outstanding.
- As a result of the change in the way the data for 'Adult Excess Weight' was collected, Central Bedfordshire was more in-line with national and for statistical neighbours. Monitoring should continue.

Ensuring Good Mental Health and Wellbeing at every age

- The target of 15% for 'Proportion in Need accessing Psychological Therapies was a year-end target..

Improving Outcomes for Frail Older People

- The data for 'Emergency Hospital Admissions' had shown an increase and was an area of concern for the Board.
- In response to the national focus on Delayed Transfers of Care, a tracker had been developed for DToC across the southern hospitals which was being monitored by the DToC Board.

RESOLVED

- 1. that the report outlining the latest performance against the priorities in the Health and Wellbeing Strategy be noted.**

The decision was unanimous.

HWB/17/30. **Refreshing the Joint Health and Wellbeing Strategy**

The Board considered a report which made the case for refreshing the Joint Health and Wellbeing Strategy (JHWS) and proposed an approach for the development of the strategy.

RESOLVED

- 1. that the background and context for the refreshed Health and Wellbeing Strategy and the potential areas of focus identified be noted; and**
- 2. that the proposed process and timeline for the development of the strategy be agreed.**

The decision was unanimous.

HWB/17/31. **Bedfordshire Wellbeing Service (BWS)**

The Board considered a report on the Bedfordshire Wellbeing Service (BWS), together with future developments and challenges for the service.

The service was currently achieving its Recovery targets and was narrowly under its Access targets.

Requests for referrals and appointments for assessments were responded to within 48-72 hours and patients were assessed quickly and offered the appropriate interventions. The challenge was not being able to offer treatment straightaway or at a particular time. The waiting time for one to one therapy was also a significant challenge as the service was not set up to deliver this.

The delivery of services was constantly reviewed and adapted to ensure that they fitted local need.

Challenges included staff recruitment, especially those suitably qualified to deliver the bespoke Improving Access to Psychological Therapies (IAPT) programme. There were good links in place with appropriate universities and organisations providing trainees.

Group based therapy interventions were offered and the outcomes shared with the CCG on a monthly basis. Positive feedback had been received about this form of therapy.

Areas to be addressed included:

- demystifying the perception of group therapy interventions
- promoting the value of group work
- the ebb and flow of the demand on the service throughout the year and the appropriate trajectory planning and staffing
- increasing engagement with GPs and the confidence in the interventions the service is able to offer
- the development of links to health, social and primary care colleagues
- ways of optimising the use of digital technology and web based services such as the internet and Skype.

The Board noted that there was scope to use the Council's communication channels with its residents to help explain the benefits of group therapy whilst all partners should review the scope to assist with accommodation for therapy sessions.

RESOLVED

that the report be noted.

HWB/17/32. Children and Young People's Plan

The Board considered a report setting out the final Central Bedfordshire Children and Young People's Plan 2018-21).

RESOLVED

that the Central Bedfordshire Children and Young People's Plan (2018-21) be endorsed.

The decision was unanimous.

HWB/17/33. Work Programme 2017/2018

The Board considered their work plan for 2017/18.

RESOLVED

that the following items be added to the work programme for the July meeting:

- **Health and Care hubs**
- **Health and Wellbeing Scorecard**
- **Health and Wellbeing Board Governance arrangements**

The decision was unanimous.

(Note: The meeting commenced at 2.00 p.m. and concluded at 4.05 p.m..)

Chairman

Dated